



## **YOUR SOUL PATH READING**

# Chapter 1: YOUR SOUL

You appear gentle and soft, and you act rather reserved with others until you know them well and feel it is safe to be open with them.

You have a strong need for emotional security and a sense of belonging, and are deeply attached to the past: your heritage, roots, family, cherished friends, familiar places, etc.

Making radical changes or moves away from what is known and safe can be very painful and difficult for you. You tend to cling and hold on to people, memories, possessions of personal or sentimental significance. Having a home, a safe haven, is very important to you.

You approach life emotionally and subjectively and are sensitive to the emotional atmosphere, the subtle undercurrents of feeling in and around you.

Instinctive and nonrational, you are often unable to give a clear, simple explanation for your actions. Something FEELS right, or it doesn't.

Your emotions and personal loyalties tend to color your thoughts and opinions. You view life from a very personal perspective and often cannot mentally detach yourself from your own personal bias and prejudices. You are apt to be concerned primarily with how something affects you and those dear and close to you, rather than with the principle or the broader social implications.

For instance, you may be very patriotic and feel that whatever "my country" does is right without really knowing much about the other nations' policies or point of view. Put simply: if it is good for me and mine, it is good. If it is not good for me and mine, it is no

good.

You are tenaciously loyal, protective, and supportive of those you care about, and have a very strong nurturing, motherly nature (regardless of your gender).

You empathize with others and intuitively sense the feelings and needs of other people.

Compassionate and sympathetic, you are easily moved by others' pain, and you are often the one others seek out when they need comfort, reassurance, or help.

Your moods fluctuate and change frequently and you are sometimes open, sometimes withdrawn emotionally.

You communicate nonverbally and appreciate a person who can pick up subtle cues and hints, rather than having to make everything explicit.

You never forget either kindness or unkindness shown to you.

## **Chapter 2: The Inner You: Your SOUL Motivation**

Proud and intensely individual, you really want to stand out, to be the very best you can be, and to be recognized and appreciated for your unique contributions.

Doing something well and being respected for it is extremely important to you, and you cannot tolerate being in the background, taking orders from others, or being "just one of the team".

You must put your personal stamp on whatever you do, and direct your own course in life. You need to have a place where you can shine, express yourself creatively, and be the one in charge.

You have big dreams and the determination, spirit, vitality, and enthusiasm to bring them into being. You also have a noble, romantic heart, and a love of the dramatic, colorful, and extravagant.

For you it is true that "all the world's a stage" and you secretly (or perhaps not so secretly) desire to be the Star or Hero in the play. You want to be great, and to receive the love and applause of an adoring audience, even if the "audience" is just one other special person.

You need someone to believe in you and your dreams. Though you appear radiantly self-confident and independent, you are actually very much dependent on the affirmation, love, and recognition of others. You cannot bear being unnoticed or unappreciated.

You also love wholeheartedly and generously and really know how to make the person you love feel special.

You love the magic of "being in love" and know how to keep the romance alive in your relationships.

You are also immensely loyal and will defend your loved ones and stand by them to the end - as long as they never offend your pride or betray your trust.

However, you like to be the strong one in a relationship and you really do not share the leading role very easily.

Ideally you need to find a person who is as strong-willed as yourself, but who will not try to dominate or compete with you.

Your strengths are your zest and love for life, your creative power, and your warm and generous heart.

Your primary fault is your tendency to be very egocentric, so concerned with the impression you are making and with your own creative self-expression that you forget there is another, larger world that does not revolve around you.

Ownership gives you a sense of security, and you have a strong attachment to your possessions. You also have a natural instinct or understanding of economics, finance, trade, and appraising the value of merchandise.

## **Chapter 3: SOUL Interests and Abilities**

You are an exacting perfectionist with a clear, logical, analytical mind and an aptitude for work that requires meticulous attention to detail and efficient organization. Well-grounded and pragmatic, you tend to develop specialized skills and technical expertise in some practical field. Knowledge, ideas, and theories don't really interest you unless they are useful in a tangible way. You are inclined to analyze, measure, and dissect everything and to miss nuances, subtle shades of feeling and meaning. Your strengths are in your precise thinking, careful craftsmanship, and mastery of technical skills. You tend to be very good at what you do and critical of others' work if it does not meet your high standards.

Inquisitive and communicative, your mind seems to be "on" all of the time and you are forever gathering information and sharing ideas. Your attention span may be rather brief; you have

many and diverse interests, and are easily distracted. You learn quickly, are eager to pass on what you are learning and thinking about, and may talk excessively.

You appreciate aesthetics and have a fine sense of form, design, and beauty. You could develop considerable technical skill as an artist, designer, craftsman, or creative writer. You could also sell objects of beauty - artistic products, cosmetics, jewelry, etc.

You have the ability to please and harmonize well with others and tend to ameliorate relationships between people. Your sense of humor, tact, and personal charm are of great benefit to you in any work with people on a one-to-one level.

You have a sharp mind and a sharp tongue as well, and love a vigorous discussion or debate. You express your thoughts in a clear, decisive, convincing style.

You dislike vagueness and fuzzy thinking, and are quick to point out the discrepancies in another's argument. At times you are verbally aggressive and abrasive to others, and you tend to overstate your case or offend people by your unadorned frankness.

You can be an effective spokesperson, lawyer, or salesman. You have an aptitude for writing as well, particularly criticism or satire. You enjoy mental challenges and mental work.

You would be an excellent teacher or counselor for you listen sympathetically, and encourage others to express their inner thoughts and feelings.

People trust and confide in you, and you are able to read between the lines and to sense what their feelings are as well as what they are saying.

You work well with and understand women, and the emotional, feminine side of life. You are articulate on personal (rather than factual or technical) subjects.

Keeping a diary or journal would be satisfying for you. You also have a talent for learning languages.

## **Chapter 4: Emotions: Moods, Feelings, Romance**

Even tempered and peace loving, you are not easily ruffled and are rarely given to emotional displays. You have a calming effect on more high-strung or volatile people, and an emotional steadiness that others find soothing. Though gentle and not easily provoked, you are tremendously stubborn and will resist any change which requires an emotional adjustment, such as changes in your home life or marriage.

You seek security and loyalty in love, are extremely devoted to your loved ones, and provide a warm, nurturing atmosphere for them. However, you tend to cling and seek to keep others from changing.

A great deal of physical affection, closeness, and touching is essential to your well-being, and you have a tendency to overindulge in sensual comforts and pleasures. At times you substitute food for emotional comfort and love.

You get a lot of emotional fulfillment through your

involvement in groups, clubs, organizations, community activities, or a network of close friends who support and care for you. You make friends your family, and feel a close kinship with people who share some ideals or beliefs that you hold dear. You need people outside of your physical family to relate to and belong to.

You often feel that you must do something or be something other than what you are in order to receive approval and acceptance from others. You are very sensitive to criticism and easily feel left out or neglected, and though you may appear cool or distant, you actually care very much about being included. Because you are so sensitive, it may seem easier for you to withdraw into a shell rather than risk the emotional bumps and bruises that can occur when you let others really know you in an intimate, personal way.

Your reserve and caution make establishing a close emotional rapport with others difficult for you, and you become very attached to the few people you consider "real friends".

You can gain inner security and strength through periods of solitude if you view them as times to nourish yourself and develop your own interests, rather than as times of loneliness.

You feel that little, daily acts of caring and thoughtfulness are essential to the happiness and success of a relationship and you know how to make others feel accepted, loved, and cherished. You enjoy good relationships with women.

You are quietly devoted and faithful to your loved ones, and often become a kind of servant to your love partner. You are more comfortable showing love for someone by doing something for them, making something for them, or simply being there for them - rather than telling them so in a romantic, soul-stirring sort of way.



You are timid about expressing too much sentiment or emotion. You also underestimate your attractiveness and lovability and doubt your own worthiness to receive love and appreciation.

Beautiful, elegant, and harmonious surroundings are very important to you, and you have an innate sense of style, design, and form. Socially, also, good form and politeness are important to you and you instinctively avoid crudeness and dissonance.

You enjoy talking about love, relationships, art and the beautiful side of life. You appreciate artistic people.

You are extremely amorous and it is difficult for you to go without a romantic involvement for very long. When you are attracted to someone, you pursue them very ardently and sometimes come on too strong. Doing creative work or artistic work can also satisfy the very strong desire for love and beauty that you feel.

You are open and progressive in your attitudes towards love and romance, and spontaneous and free in your love-expression. You are always willing to experiment and try anything new that your partner suggests, and you enjoy being surprised. A relationship in which both you and your partner have a good deal of freedom and independence will hold your interest much more than a safe, predictable one.

## **Chapter 5: Drive and Ambition: How You Achieve Your Goals**

You are a perfectionist and have high standards for your own work.

You often feel that if you want something done right you must do it yourself, for others do not do as thorough a job as you do.

Doing a task well is very important to you, and you may labor over minute details that others wouldn't bother with. You strive for accuracy, efficiency, and precision, and you become very irritable when things are not done "right".

On the other hand, you can become so much of a perfectionist and so self-critical that you will not even attempt many activities and projects, feeling that your efforts simply won't be good enough.

You are usually modest and realistic in assessing what you can accomplish and, if anything, you underestimate yourself.

Of course, practice makes perfect, and if you do apply yourself diligently in some area, you gradually gain self-confidence as you master skills and develop expertise.

You conserve your energy and pace yourself so that you do not waste or diffuse your efforts.

An unwillingness to take risks or venture from the beaten track can sometimes limit your opportunities.

In short, you may not aim high enough and settle for too little in life.

Quick-witted and sharp-tongued, you enjoy arguing, debating, and contesting other people's opinions. You are quite forthright and sometimes tactless.

You can be very convincing about your point of view, but you are prone to a "hard-sell" approach which sometimes backfires. Challenging mental work is a good avenue for your aggressive intellect.

You are dynamic, decisive, and somewhat impulsive.

You respond quickly and spontaneously to challenges, and you enjoy vigorous physical activities that require fast reflexes and a good sense of rhythm and timing.

You have an abundance of energy and vitality, and a restless desire to see progress and change - you hate stagnation.

You are individualistic and make a good leader, spearheading new projects and inspiring others to act.

You dream up creative solutions to problems and take an imaginative, unusual approach to getting a job done.

When difficulties arise you prefer to avoid conflict and confrontation in favor of more peaceful or subtle methods of resolving problems.

Working to help others or for a cause that transcends your own narrow, personal interests is satisfying for you. You have an artistic flair and appreciate the colorful, unique, or strange.

## **Chapter 6: Outer Influences**

You cannot tolerate smallness or pettiness in any form, and you have a tendency to exaggerate. Also, you have a wonderful sense of drama! You must live boldly and heroically. Otherwise you feel you are simply existing and wasting your talents.

The desire for personal recognition - or even Fame - and a need to do something you feel really proud of, motivate you strongly. You have an unusual capacity for fun and playfulness also.

You have a great love of learning and an eager, curious, active mind which impels you to travel and see as much of the world as possible.

You read widely, and may excel academically. You love being in a teacher-student relationship and may stay in school for many years, prolonging your studies for as long as possible!

You also communicate well and would be an effective, inspiring teacher.

Public relations or any field involving communications and sharing information also suits you very well.

You aim high, have great vision, and are never satisfied with yourself unless you can achieve your goals in a big way. You are very opportunistic and are always ready to capitalize on a good idea.

You utilize contacts with prominent and successful people to advantage, and are likely to win yourself an important and

lucrative position in life.

You have an innate distrust of groups and/or a cynical attitude toward society that may leave you feeling out of step and unable to participate in activities with your peers.

Overcoming a sense of aloofness and alienation from others is an important task for you.

Fear of the unknown, of change, and/or of death may plague you. You strongly resist changes and transitions rather than greeting them with curiosity or a spirit of adventure, which makes them much harder for you.

On another level entirely, you are very careful about joining forces, and especially your material resources, with others. You want to keep your own and other people's property and assets very distinct.

You are part of a 7 year group of people who are active in reforming businesses, governments, and other large social structures.

A great deal of streamlining and reorganizing takes place, most of which will help to improve the well-being of people, the ultimate goal of these reforms. Your generation will promote various reforms that will vary in different nations.

For example, some will increase socialization of public services and others will put more services in the hands of private industry. In either case, your generation strives for greater efficiency and a great deal of waste is eliminated from industry and government.

You need a lot of freedom in your close one-to-one relationships and you may experiment with nontraditional forms of relationships. You rebel against conventions and restrictions when it comes to marriage or personal relationships, and you're likely to choose a highly unusual, eccentric, or unconventional partner.

You were also born during a period that lasted approximately 5 years and is characterized by an unusually high degree of imagination and sensitivity.

You are part of a group of people who are very inspired but also unstable.

Many unusual contributions to the arts, music, religion, and psychic development are brought forth from your age group.

These works are often strange and bizarre, and always original. Your age group also inspires intense political movements that are often fanatical or unreasonable in their goals.

You are part of a 14 year group of people who are conservative and traditional in spiritual aspirations and religious outlook. Your age group returns to some traditional basics in religion, and also traditional styles in music and art.

Classical music and literature have a revival with your age group, and a great deal of inspiration is gained from the masters of arts, music, literature, and philosophy throughout history.

Your age group is contemplative and reflective about religious matters and you take an objective and logical approach to religious issues. Many of you are cynics and critics of spiritual and

metaphysical ideas.

Other age groups criticize your group for not having enough heart and compassion.

Sometimes this is true and is evidenced by some unusually crafty and manipulative fraud and deception that occurs in the higher ranks of governments and large businesses.

You often have very naive, idealistic, or overly romantic attitudes toward people, and it's difficult for you to see others realistically.

You may prefer to keep your relationships on an idealistic or platonic level, so that you don't have to deal with the more prosaic, earthy, human aspects of relating.

Thoroughly investigate potential marriage or business partners, as your gullibility and desire to see only the best in people may blind you to the truth about others with whom you form a close alliance.

The entire generation to which you belong has tremendous opportunities for spiritual rebirth and awakening.

This will not be forced upon you or precipitated by unavoidable events, rather it comes from an inner yearning and a natural propensity to seek the depths.

Your age group has a great fascination for the mysteries of life, and members of your age group will make extraordinary breakthroughs in the understanding of life processes; major advances in biological sciences will open up new technological possibilities.

Intensive probing into genetic structure and cellular processes will accelerate genetic engineering into new vistas.

The love of mystery is also likely to bring a revival of mystery novels and movies; your age group will bring the macabre into current fashion and style.

You are an emotionally complex group, and you can be prone to some very strange behavior.

Intrigue and mystery are exciting to your age group, and hopefully this does not get the better of you, causing you to act in a cruel or grotesque manner.

There is a chance that crime, violence, and emotional disturbance will be relatively high in your age group, but hopefully your interest in the mysterious, strange, grotesque, and macabre will not manifest in this way.

You have very strong creative forces and whatever you do, you want to do to the fullest. In love and romance, you get totally, passionately, even obsessively involved.

In other forms of creative release and self-expression, also, you are very driven and you have a deep need to prove yourself.

Your desire for personal recognition is compelling, and if you do not achieve creative success, you may try to force your children to fulfill your dreams for you.

Your generation also probes the mysteries of birth and death, and members of your age group will even develop laboratories for forging new understanding of what happens at birth and death.

Other breakthroughs will be made in the understanding of animal behavior and sexual activity.



Archeological studies will unearth vast new insights into the history of man, and the exploration of the ocean will receive a new impetus, spurred by unusual and interesting findings made at the bottom of the sea.

Behind all of this work is the deep, probing, penetrating interest in the mysterious.

It was a real pleasure working on your SOUL PATH and I hope you enjoy it,

LINDA